

## B.S. HUMAN PERFORMANCE & MANAGEMENT

### REQUIRED COURSES

2024-2025

#### Required Business & Supporting Courses

COURSE	NAME	CREDITS	SEMESTER
SPMA 201	Prin of Sports Mgmt	3	2
SPMA 301	Sports Mrktg & Promotn	3	6
SPMA 429	Strategic Sports Mgmt	3	8
SPMA 430	Sports Finance	3	7
ECON 210	Microeconomics	3	3
MATH 200	Statistics	4	5
MRKT 308	Sales	3	5
BUAD 223	Business Law	3	4
BUAD 325	Human Resource Mgmt	3	5
BUAD 352	Risk Mgmt & Insurance	3	6
Total		31	

#### Required Human Performance & Supporting Courses

COURSE	NAME	CREDITS	SEMESTER
BIOL 221/L	Anatomy & Physiology I/Lab	4	3
BIOL 222/L	Anatomy & Physiology II/Lab	4	4
BIOL 240	Nutrition	3	7
KHP 143	Health & Wellness	3	1 or 2
KHP 276	Stress Management	3	5
KHP 300/L	Exercise Physiology/Lab	4	6
KHP 380	Sports Nutrition	3	8
KHP 405/L	Exercise Testing & Prescription/Lab	4	7
Total		28	

## Required Experiential Learning

COURSE	NAME	CREDITS	SEMESTER
KHP 295	Practicum	2	3-6
KHP 498 or BUAD	Internship	3	7-8
Total		5	

**Total Required Credits = 64**

### Recommended Elective Tracks:

1. **Coaching track (7 credits):** KHP 260 Coaching 1, KHP 360 Coaching II, KHP 280 Care & Prevention of Athletic Injuries
2. **Personal Training Track (7 credits):** KHP 430 Personal Training, KHP 450/450L Strength & Conditioning/Lab
3. **Biomechanics & Motor Control track (7 credits):** KHP 350 Motor Control, KHP 410/L Kinesiology & Biomechanics/Lab.

**Business minors are also possible with this major.**